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CRANIAL SACRAL THERAPY
Integrating You Back to Health

Client Information Form - CranioSacral Therapy
All information on this questionnaire will be kept strictly confidential.

Name: _____ E-mail _____

Address: _____ City _____ State _____ Zip _____

Phone (best way to reach you): (Home) _____ (Cell) _____ (Other) _____

Age: _____ Birth Date: _____ (Required for insurance billing)

Occupation: _____

Referred by: _____

Emergency contact person: _____ Phone: _____

Yes No Have you previously experienced Cranio Sacral Therapy?

Yes No Are you currently under a physician's care for any condition? Please describe: _____

Physician's name: _____ Phone: _____ Fax: _____

Primary reason for today's visit, (please explain): _____

Areas of complaint, pain, tension, (please explain): _____

In a few words, please describe your goal for this session: _____

Are you aware of any emotional distress from the time of an injury?: _____

Have you suffered any form of abuse your body may be holding?: _____

Please answer the following questions:

Yes No Do you wear contact lenses?

Yes No Do you wear dentures?

Yes No Have you had extensive dental work (ie; braces, etc.)?

Yes No Car accident (at any time), serious falls or injuries?

Yes No Do you have any allergies? If so, please describe allergens: _____

Yes No Do you have arthritis? What type and where? Please describe: _____

Yes No Do you have any heart problems? Please describe: _____

Yes No Do you have any spinal problems? Please describe: _____

Yes No Are you presently pregnant? How far along? Complications? _____

Yes No Have you had surgery? How recently? Complications? _____

Yes No Do you take any prescribed medications? Please list: _____

Yes No Do you exercise or play sports on a regular basis? Please describe: _____

Yes No Are you receiving any other complementary care currently, (chiropractor, naturopathic, acupuncture, nutritional, herbal, homeopathic, hypnotherapy)? If so, please describe: _____

Yes No Do you have any other physical or mental condition of which I should be aware before giving you a Cranio Sacral session? If yes, please describe: _____

Please read and initial:

_____ I understand that the Cranio Sacral therapist does not diagnose illness, disease, or any other physical or mental disorder. In addition, the Cranio Sacral therapist does not prescribe medical treatment or pharmaceuticals.

_____ I understand that craniocervical therapy is considered to be a contraindication for recent injuries to the head and neck, ie; recent whiplash, any recent fracture to base of the neck, concussion, hemorrhage, as well as rheumatoid arthritis, and state that I am not currently experiencing any of these conditions.

_____ It has been made very clear to me that craniocervical therapy is not a substitute for medical examinations and/or diagnosis and that it is recommended that I see a physician for any physical ailment that I might have.

_____ Because a Cranio Sacral therapist must be aware of existing physical conditions, I have stated all my known medical conditions and take it upon myself to keep the Cranio Sacral therapist updated on my physical health. Further, I release the therapist from responsibility and liability for any adverse reactions resulting from disclosed and undisclosed conditions.

Signature: _____ Date: _____

I have completed the above information accurately and have read, understand, and take responsibility for the above statements.

Therapist notes:

